



**PARENT
CUE**



HIGH SCHOOL



WEEK 1

MALACHI 1:11

It was prophesied that the Messiah would be well-known and worshiped throughout the world.

WEEK 2

ROMANS 5:8

God proved His love for us when He sent His son to die for our sins.

WEEK 3

ROMANS 6:23

Sin causes pain and loss, but through Jesus we can have forgiveness and hope of heaven.

TALK ABOUT THIS

WEEK 1: This week, we talk about the world’s need for Christmas—the first Christmas, that is. Ask your high schooler if they’re dealing with any situations that feel hopeless (maybe a friendship, a class, or a sport). Remind them that when God’s involved, there’s always hope that things could get better—the birth of a Savior is a great example of that.

WEEK 2: *God needed Christmas, too.* It’s true. God needed to connect with the world again—with us. So He sent Jesus as a sacrificial bridge between Heaven and Earth. Talk to your high schooler about sacrifice. Ask them to talk about a sacrifice they’ve made or they’ve seen you make. Ask them, “How does it feel to know that God made this level of sacrifice for you?”

WEEK 3: God sent us Jesus—not only so we could have forgiveness—but also so we could have “life to the fullest.” Ask your high schooler what “life to the fullest” looks like in their mind. Then share your own answer to that question.

REMEMBER THIS

But God demonstrates his own love for us in this: While we were still sinners, Christ died for us. Romans 5:8 NIV



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DO THIS



MORNING TIME

One morning this week, leave a random, small gift on your high schooler's dresser, sink, or front seat for them to find. It could be something as small as a note, pack of gum, or bargain store trinket. It'll be a fun surprise and sweet way to start their day.



MEAL TIME

It's easy to become distracted by different seasons, but this is especially true around Christmas. Prioritize connecting with your teenager by planning one meal this week to grab coffee, dessert, or a meal together. Challenge yourself to only ask questions and listen—saving your impulse to offer advice for another time.



THEIR TIME

In this phase, it's critical for parents to remind their high schooler that there's life outside of their immediate world. It's a great time of year for your high schooler to get involved in short-term or long-term service projects. Send your student a few links via text or email with different ways they can get involved. Follow up with them later on to see how you can help them take a step toward serving.



BED TIME

The end of the semester, the end of the calendar year, and the impending holiday season can add extra stress to everyone—including your teenager. Before your teen goes to bed one night this week, encourage them to calm down and relax by reading, drinking a hot chocolate, or listening to a chill playlist on Spotify.

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